



# Special Equestrians, Inc.

PO Box 61528  
 Fort Myers, FL 33906-1528  
 telephone: 239.226.1221  
 fax: 239.226.1279  
 email: spequestrians@gmail.com  
 website: www.specialequestrians.net

## Participant's Application and Health History

### GENERAL INFORMATION

**Participant:** \_\_\_\_\_

**DOB:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_ **Gender:** M \_\_\_ F \_\_\_

**Local Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Summer Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Cell Phone** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Employer / School:** \_\_\_\_\_ **Work Phone** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Parent / Legal Guardian/Caregivers:** \_\_\_\_\_

**Address (if different from above):** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Referral Source:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**How did you hear about the program?** \_\_\_\_\_

Classes are offered on Tuesday and Thursday afternoons (3:15-6:15pm), and Wednesday and Saturday mornings (9am-12pm). Please indicate your 1st and 2nd choice for days/times.

**First Choice:** \_\_\_\_\_ **Second Choice** \_\_\_\_\_

### HEALTH HISTORY

**Diagnosis:** \_\_\_\_\_ **Date of Onset:** \_\_\_\_\_

### PLEASE INDICATE CURRENT OR PAST SPECIAL NEEDS IN THE FOLLOWING AREAS:

	Y	N	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Elimination			
Circulation			
Emotional/Mental Health			
Behavioral			
Pain			
Muscular			
Thinking/Cognition			
Allergies			

**MEDICATIONS** (include prescription, over-the-counter; name, dose and frequency)

---

---

---

Describe your abilities / difficulties in the following areas (include assistance required or equipment needed):

**PHYSICAL FUNCTION** (i.e. Mobility skills such as: transfers, sitting, walking, wheelchair/walker use, driving/bus riding)

---

---

---

**PHYCHO / SOCIAL FUNCTION** (i.e. Work/school including grade completed, leisure interests, relationships-family structure, support systems, companion animals, fears / concerns, etc.)

---

---

---

**GOALS** (What would you (or your child) like to accomplish in the coming year?)

---

---

---

**Participant/Parent/Guardian**

▶ **Signature** \_\_\_\_\_ ◀ **Date** \_\_\_\_\_

**PHOTO RELEASE**

I \_\_\_\_\_ DO \_\_\_\_\_ DO NOT consent to and authorize the use and reproduction by Special Equestrians, Inc. of any and all photographs and any other audio /visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

**Participant/Parent/Guardian**

▶ **Signature** \_\_\_\_\_ ◀ **Date** \_\_\_\_\_



# *Special Equestrians, Inc.*

PO Box 61528  
Fort Myers, FL 33906-1528  
telephone: 239.226.1221  
fax: 239.226.1279  
email: [spequestrians@gmail.com](mailto:spequestrians@gmail.com)  
website: [www.specialequestrians.net](http://www.specialequestrians.net)

## **SPECIAL EQUESTRIANS, INC. LIABILITY RELEASE FOR PARTICIPANTS**

### **PLEASE READ BEFORE SIGNING:**

**WARNING:** UNDER FLORIDA LAW, AN EQUINE ACTIVITY SPONSOR OR EQUINE PROFESSIONAL IS NOT LIABLE FOR ANY INJURY TO, OR THE DEATH OF A PARTICIPANT IN EQUINE ACTIVITIES RESULTING FROM THE INHERENT RISK OF EQUINE ACTIVITIES.

THE UNDERSIGNED PARTICIPANT AND ANY SIGNING PARENT OR GUARDIAN HEREBY AGREES TO RELEASE SPECIAL EQUESTRIANS, INC., THEIR OFFICERS, DIRECTORS, EMPLOYEES, MEMBER OR AGENTS, AND THE OWNERS OR MANAGERS OF THE GROUNDS WHERE THE RIDING AND EQUINE ASSISTED ACITIVITES TAKE PLACE FROM ANY LOSS, DAMAGE, LIABILITY OR INJURY ARISING OUT OF OR RESULTING FROM THIS RIDING OR RIDER'S PARTICIPATION THEREIN, INCLUDING THE NEGLIGENT ACTS OR OMISSIONS OF THE MANAGEMENT OF SPECIAL EQUESTRIANS, INC., THEIR OFFICERS, DIRECTORS, EMPLOYEES, MEMBERS OR AGENTS, AND THE OWNERS OR MANAGERS OF THE GROUNDS WHERE THE RIDING AND EQUINE ASSISTED ACTIVIES ARE TAKING PLACE.

---

**PARTICIPANT'S PRINTED NAME**

► **SIGNATURE** \_\_\_\_\_ ◀ **DATE** \_\_\_\_\_  
**PARTICIPANT/PARENT/GUARDIAN**



# Special Equestrians, Inc.

PO Box 61528  
Fort Myers, FL 33906-1528  
telephone: 239.226.1221  
fax: 239.226.1279  
email: spequestrians@gmail.com  
website: www.specialequestrians.net

## Emergency Medical Treatment Form

\_\_\_ Participant \_\_\_ Volunteer \_\_\_ Staff

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Preferred Medical Facility: \_\_\_\_\_

Health Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

Recent medical tests: Last Tetanus Shot: \_\_\_\_\_ Tuberculosis Test + - Date: \_\_\_\_\_

Allergies: \_\_\_\_\_

Current medications: \_\_\_\_\_

In the event of an emergency, contact: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

In the event that emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, Special Equestrians, Inc. will determine if emergency services should be contacted. The injured adult or legal guardian/parent has the right to refuse treatment from the emergency responders; however Special Equestrians will call for emergency medical treatment services, when it is deemed necessary by our staff.

In the event of needed emergency medical treatment, Special Equestrians will:

1. Secure and retain medical treatment and transportation if needed.
2. Release records upon request to the authorized individual or agency involved in the medical emergency treatment.

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "lifesaving" by the physician. This provision will only be invoked if the person(s) above is unable to be reached.

Date: \_\_\_\_\_ ► Consent Signature: \_\_\_\_\_  
Participant, Volunteer, Staff, Parent or Legal Guardian



# Special Equestrians, Inc.

PO Box 61528  
 Fort Myers, FL 33906-1528  
 telephone: 239.226.1221  
 fax: 239.226.1279  
 email: spequestrians@gmail.com  
 website: www.specialequestrians.net

## Information for Physician

Dear Health Care Provider:

Your patient is interested in participating in supervised equine activities. In order to safely provide this service, our center requests that you complete/update the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note whether these conditions are present, and to what degree. You may use the back of the form, if necessary.

**PATIENT'S NAME** \_\_\_\_\_ **Date** \_\_\_\_\_

<u>ORTHOPEDIC</u>	<u>COMMENTS</u>	<u>MEDICAL/PSYCHOLOGICAL</u>	<u>COMMENTS</u>
Atlantoaxial Instability		Allergies	
Coxa Arthrosis		Animal Abuse	
Cranial Deficits		Cardiac Condition	
Heterotopic Ossification		Physical/Sexual/Emotional Abuse	
Joint subluxation/dislocation		Blood Pressure Control	
Osteoporosis		Dangerous to self or others	
Pathologic Fractures		Respiratory Compromise	
Spinal Joint Fusion/Fixation		Fire Settings	
Spinal Joint Instability/Abnormalities		Hemophilia	
		Medical Instability	
<u>NEUROLOGIC</u>		Migraines	
Hydrocephalus/Shunt		PVD	
Seizure		Substance Abuse	
Spina Bifida/ Chiari II Malformation/ Tethered Cord/ Hydromyelia		Exacerbations of medical conditions (i.e. RA, MS)	
		Weight Control Disorder	
<u>OTHER</u>		Thought Control Disorders	
Age - under 4 years		Recent Surgeries	
Medications - i.e. photosensitivity			
Poor Endurance			
Skin Breakdown			
Indwelling Catheters/Medical Equipment			

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine assisted activities, please feel free to contact the center at (239) 226-1221.

Sincerely,

Special Equestrians, Inc.



# Special Equestrians, Inc.

PO Box 61528  
 Fort Myers, FL 33906-1528  
 telephone: 239.226.1221  
 fax: 239.226.1279  
 email: spequestrians@gmail.com  
 website: www.specialequestrians.net

## Participant's Medical History & Physician's Statement

Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 Diagnosis: \_\_\_\_\_ Date Of Onset: \_\_\_\_\_  
 Past/Prospective Surgeries: \_\_\_\_\_  
 Medications: \_\_\_\_\_  
 Seizure Type: \_\_\_\_\_ Controlled: Y N Date of Last Seizure: \_\_\_\_\_  
 Shunt Present: Y N Date of Last Revision: \_\_\_\_\_  
 Special Precautions/Needs: \_\_\_\_\_  
 Spasticity or Rigidity: Y N \_\_\_\_\_  
 Mobility: Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N  
 Braces/Assistive Devices: \_\_\_\_\_

**For those with Down syndrome: Neurologic Symptoms of AtlantoAxial Instability:** \_\_\_\_\_ Present \_\_\_\_\_ Absent

*Please indicate current or past special needs in the following systems/areas, including surgeries. These conditions may suggest precautions and contraindications to equine activities.*

<u>SYSTEM / AREA</u>	<u>Y</u>	<u>N</u>	<u>COMMENTS</u>
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

**\*\*\*SIGN AND DATE THIS FORM BELOW \*\*\***

Given the above diagnosis and medical information, this person is not medically precluded from participation in equine-assisted activities and/or therapies. I understand that the PATH Intl. Center will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to the PATH Intl.Center for ongoing evaluation to determine eligibility for participation.

Name/Title: \_\_\_\_\_ MD DO NP PA Other \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ License/UPIN Number \_\_\_\_\_



# Special Equestrians, Inc.

PO Box 61528  
Fort Myers, FL 33906-1528  
telephone: 239.226.1221  
fax: 239.226.1279  
email: spequestrians@gmail.com  
website: www.specialequestrians.net

## Physical/Occupational Therapy Evaluation

NAME \_\_\_\_\_ DOB \_\_\_\_\_ EVALUATION DATE \_\_\_\_\_

DIAGNOSIS \_\_\_\_\_ DESCRIPTION \_\_\_\_\_

OTHER PERTINENT MEDIAL HISTORY \_\_\_\_\_

MUSCLE STRENGTH: GROSS \_\_\_\_\_

SPECIFIC WEAKNESSES \_\_\_\_\_

JOINT ROM: GROSS \_\_\_\_\_

SPECIFIC LIMITATIONS \_\_\_\_\_

MUSCLE TONE: \_\_\_\_\_

BALANCE: SITTING \_\_\_\_\_ STANDING \_\_\_\_\_

COORDINATION: GROSS MOTOR \_\_\_\_\_ FINE MOTOR \_\_\_\_\_

REFLEX ACTIVITY: DEVELOPMENTAL \_\_\_\_\_

TENDON REFLEXES \_\_\_\_\_

PAIN: CHARACTER \_\_\_\_\_ LOCATION \_\_\_\_\_

CAUSED BY \_\_\_\_\_ RELIEVED BY \_\_\_\_\_

SENSORY IMPAIRMENTS \_\_\_\_\_

PERCEPTUAL PROBLEMS \_\_\_\_\_

COMMUNICATION DIFFICULTIES \_\_\_\_\_

SKIN CONDITIONS \_\_\_\_\_

FUNCTIONAL ABILITIES: MOBILITY \_\_\_\_\_

TRANSFERS \_\_\_\_\_

ADDITIONAL SKILLS \_\_\_\_\_

### PROBLEM LIST

### PLANS AND GOALS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

ADDITIONAL COMMENTS (Continue on back, if necessary):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature \_\_\_\_\_ R.P.T./R.O.T.